

The Littlest Lifeguard Teacher Resource

The Littlest Lifeguard wants to be part of the team, but is too little to do what they do. They keep trying but all their attempts end in disaster. When the team is called for an emergency, the Littlest Lifeguard discovers that, even though they are little, there are still ways they can help.

The story can be used to align with teaching across these curricula areas:

Literacy - language and visual literacy

Social Studies - community volunteering

Health - water safety, kindness, resilience

Language:

Find examples of:

Verbs - striding, trotting, trailing,

Onomatopoeia - bash, crash, rip

Personification - waves dancing, towels blooming, flags snapping

Rhyme - across the sand, under the sun, wanting to help, the littlest one

Kindness & Resilience:

How does the Littlest Lifeguard help others?

How could you encourage someone who has tried but failed?

The Littlest Lifeguard doesn't give up and discovers their own way of being part of the team. Has there been a time when you kept trying to do something and didn't give up? Share your experience with the class.

Why does the Captain stop the Littlest Lifeguard from going in the boat with the team? To keep them safe as they are too little. Sometimes 'no' is to keep you and/or others safe.

Writing Prompts:

- Write about a day at the beach in the summer and then write about a day at the beach in winter.
- Write about a time you tried to help but made a mess.
- Write an acrostic poem using one of these words: Beach, Lifeguard, Sunscreen, Flags, Summer, Waves

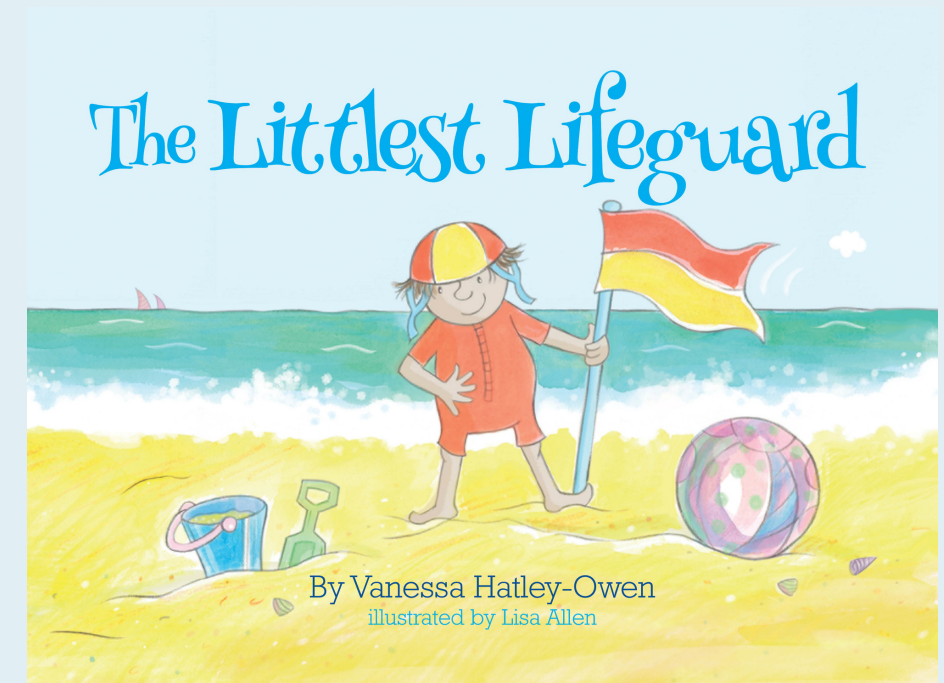
Craft:

- Create a diorama of a beach scene
- Create a sandcastle sculpture out of cardboard boxes
- Make a colourful beach umbrella out of paper plate: eg: <https://www.youtube.com/shorts/9yZrvbUG838>
- Paint a beach scene: <https://www.youtube.com/watch?v=ewRGr-R2JA> -
- Make a paper plate beach scene: <https://www.youtube.com/watch?v=NTSixtDBAel>

Research:

Visit the NZ Surf Lifesaving (NZSL) website and find the answers to these questions: : <https://www.surflifesaving.org.nz/>

1. When did NZSL begin - 1910
2. <https://www.surflifesaving.org.nz/about-us/history>
3. How many Surf Life Saving Clubs are in Aotearoa - 74 / How many beaches are patrolled - 80+ / How many volunteers lifesavers - 4,500+
4. <https://www.surflifesaving.org.nz/about-us/what-we-do>
5. From what age can children join the Junior Lifesaving - 7 years
6. <https://www.surflifesaving.org.nz/lifesaving/junior-surf>
7. What is your nearest patrolled beach - <https://www.safeswim.org.nz/>
8. What are the 10 key beach safety messages; create posters for your classroom <https://www.surflifesaving.org.nz/stay-safe/beach-safety-messages/beach-basics>
9. Explain what the four water hazards to be aware of at the beach are - rips, tides, waves, holes
10. <https://www.surflifesaving.org.nz/stay-safe/beach-hazards>
11. How do you signal for help in the water - arm in the air <https://www.surflifesaving.org.nz/stay-safe/beach-hazards/rips>



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Volunteering:

- Discussion: What does 'volunteer' mean? Why do people volunteer? Why do some organisations need volunteer helpers?
- The NZSL rely on volunteer lifeguards, what other organisations in Aotearoa also need volunteers? What do they do to help our community? Eg: SPCA helps care for animals
- Class project: choose a local charity that relies on volunteers and decide how your class can help them, eg: fundraising, helping at a community beach clean up project. <https://www.volunteeringnz.org.nz/finding-volunteer-roles/volunteer-opportunity-sites/>
- Helping at home: surprise your whanau by volunteering to do a task around the house this weekend.



Word Search:



Created using Word Search Generator on
Super Teacher Worksheets (www.superteacherworksheets.com)

Find the following words in the puzzle.
Words are hidden → ↓ and ↘ .

BEACH
FLAG
FLOAT
HELPING
LIFEGUARD

LITTLEST
RESCUE
SANDCASTLE
SUMMER
SURF

TEAM
TOWEL
UMBRELLA

